



OPTIONAL DISCUSSION

CHAPTER 10

- What did you learn about collaboration that confirms your preexisting beliefs?
- What did you learn about collaboration that challenged your beliefs?
- What holds you back from asking for help more?
- What holds you back from responding to a request for help from others?
- Think of a time when you did collaborate - what did it feel like?
- Think of a time when you resisted collaboration - why did you?
- Of the 10 principles outlined, which do you use? Which do you not use?
- STOP. Right now. And go ask for help from 3 people on a challenge you are facing.

NOTES